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**SUMMARY OF THE MINUTES
SAN JUAN COUNTY, WASHINGTON
BOARD OF HEALTH
March 20, 2019**

Legislative Hearing Room, 55 Second Street, Friday Harbor WA 98250

11:30 AM Call to Order

Chair of the Board of Health Dr. Dale Heisinger called the meeting to order at 11:30 a.m. in the County Council Hearing Room. BOH Present: Dr. Dale Heisinger, Kyle Davies, Dr. John Geyman, Council Member Rick Hughes (telephonically), Noel Monin, Council Member Jamie Stephens and Council Member Bill Watson.

Also Present: Health Officer Dr. Frank James, Director of Health & Community Services Mark Tompkins, Environmental Health Manager Kyle Dodd, Healthy Communities Manager Ellen Wilcox, Executive Director of Airlift Northwest Chris Martin (telephonically), County Council Assistant Susan Kollet and interested members of the public.

Approval of Agenda: Moved by Mr. Stephens, seconded by Mr. Watson to approve the agenda for March 20, 2019. ALL AYES; MOTION CARRIED.

Approval of Minutes: Moved by Mr. Davies, seconded by Mr. Stephens to approve the minutes of February 20, 2019. ALL AYES; MOTION CARRIED.

Public Comments: Evan Perrollaz, Director, Village at the Harbor

11:40 AM Committee Reports

Accountable Communities of Health (ACH) – Bill Watson & Mark Tompkins – Liz Baxter met with five of the six local partners to review Memorandums of Understanding outlining Scope of Work and services. These partners are: two EMS agencies, three Resource Centers, Health and Community Services Department. The hope is that the partners will review and sign the MOU's before they next meet.

As the new ACH Treasurer, Mr. Watson requested that notifications be sent out prior to funds disbursement of the nature of the disbursement so that the agency would know that a check was coming and what it was for.

Community Collaboration Committee (CCC) – Mark Tompkins - At the last meeting, they discussed Peace Health's 2019 Community Health Needs Assessment. Peace Health is considering the possibility of adding Anne Presson, the Superintendent for both the Orcas and Lopez Hospital Districts, to the committee.

Other Committees – Northsound Behavioral Health Organization (NSBHO) and Northwest Regional Council (NWRC) – Jamie Stephens – Mr. Stephens indicated that there is a bill clarifying the roles of the administrative services organization and the NCO's. It did not go as far as we would have wished but at least we have something.

Mr. Tompkins provided an update on the Northwest Regional Council's 5-year Plan and priorities on aging in place. Would like to tie them in with the local long term care task force.

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11:47 AM Health Officer Report - Dr. Frank James, Health Officer

- **Influenza Update**
- **Kratom Update & Discussion**
- **CBD Review and Discussion**

Dr. James provided updates on the three topics and answered board member questions. It has been a relatively light year, better than average, for the flu.

CBD has been legalized in all 50 states in some form. By itself, CBD does not have a psychoactive component. The FDA approved its use for two specific childhood epilepsy disorders. CBD is sold throughout the United States as a dietary supplement and is unregulated. CBD can effect coumadin levels for those on blood thinners as well as impact an individual's statin level. Dr. James does not see much of a role for our local board of health to regulate the industry given that the industry has tremendous resources and since laws by the federal government would supersede over any regulation by local governments.

Dr. James shared information concerning Kratom. The FDA, in 2014, attempted to regulate the product. Like CBD, it is marketed largely as a dietary supplement. The Drug Enforcement Administration attempted to categorize Kratom as a schedule-1 drug, but there was an overwhelming advocacy by the industry in opposition of the proposal that derailed DEA's action.

Following discussion, board members requested that Dr. James confer with County legal staff to see if the Board of Health can have a role in this and if so, what would it look like. He also suggests that board members can go into the community to see if there is familiarity with Kratom and determine if the community has concerns.

12:17 PM Air Medical Transport/Insurance Continuing Discussion – Mark Tompkins, Director; Board Members

Mr. Tompkins provided an update on the ongoing discussions concerning Kaiser Permanente's recent spate of denials for air medical transports and answered board member questions. He introduced Rep. Rick Larsen's actions to address concerns with the insurer. The Office of the Insurance Commissioner has responded to Rep. Larsen's letter and are opening up an investigation into the matter.

The Board took the following action:

Moved by Dr. Geyman, seconded by Mr. Stephens to sign and send to Kaiser the letter of concern regarding access to care. ALL AYES; MOTION CARRIED

The Board invited Dr. Loren Johnson to address the topic of educating the public about the ongoing air transport issue; to learn the scope and impact of Kaiser's denials; discuss patient rights and opportunities for collective action by holding a community forum, which he foresees being held on San Juan Island on April 25th at the Mullis Senior Center. Dr. Johnson seeks Board sponsorship and participation from the Board of Health and the hospitals. Board

101 members offered their support. Dr. Heisinger suggested conducting a meeting in advance of
102 the forum, together with Dr. Johnson to plan the forum. They would plan to invite the office of
103 the State Insurance Commissioner.
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106 **12:53 PM Pharmacy Legislation Update - Mark Tompkins, Director**

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108 Mr. Tompkins provided a legislative update and asked Mr. Hughes to provide further comment
109 as he is currently in Olympia attending sessions. Mr. Hughes emailed a summary of his
110 findings that was distributed for board member reference. Following discussion, the Board
111 took the following action:
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113 **MOVED by Mr. Stephens, seconded by Dr. Geyman to send a letter opposing Senate Bill**
114 **5940 concerning B&O tax on pharmacies for opioids. SIX AYES; Mr. Hughes abstains.**
115 **MOTION CARRIED.**
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118 **01:08 PM Vaccination Advocacy – Letters of Support – SB 5841**
119 **- Ellen Wilcox, Healthy Communities Manager**
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121 House Bill 1638, which calls for banning personal belief exemptions for the measles, mumps
122 and rubella (MMR) vaccine passed thru the House and is heading toward the Senate, though
123 Senate Bill 5841, which would have eliminated exemptions for all vaccinations, failed. Ms.
124 Wilcox has drafted a letter supporting the expansion of the bill to include all vaccines for board
125 consideration.
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128 **Moved by Mr. Watson, seconded by Mr. Stephens and Mr. Monin to send a letter to the**
129 **Health & Long Term Care Committee as well as to Senator Lovelett. SIX AYES; Mr.**
130 **Davies abstains. MOTION CARRIED.**

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132 Ms. Wilcox reported on the mobile dental van providing services to our county and the linking
133 of Early Childhood Assistance Program (ECAP) families to those services.
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136 **1:12 PM Foundational Public Health Services Resolution & Letters of Support -**
137 **Mark Tompkins, Director**

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139 Mr. Tompkins introduced a resolution in support of increased funding for Foundational Public
140 Health Services and answered board member questions.
141 Following discussion, the Board took the following action:

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143 **MOVED by Mr. Watson, seconded by Mr. Davies to approve the resolution. ALL AYES.**
144 **MOTION CARRIED.**
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147 **1:16 PM Peace Health’s 2019 Community Health Needs Assessment Process - Mark**
148 **Tompkins, Director**

149 Mr. Tompkins discussed the process that Peace Health has undertaken, which includes a
150 survey and community meetings, as required of them every three years and answered board
151 member questions.

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153 **1:20 PM Robert Wood Johnson 2018 County Health Rankings - Mark Tompkins,**
154 **Director**

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156 Mr. Tompkins reported on the recently released rankings which again lists San Juan County as
157 #1 for Health Outcomes and #2 for Health Factors. Since he was unable to access the
158 internet, he encouraged members to go online to read the report.

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160 **1:25 PM Public Comment and Other New Business**

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162 Dr. Geyman discussed the topic of Medicare for all. He feels that a single-payer insurance for
163 all would save money and would solve many of the health insurance issues the board discussed
164 today.

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166 **01:31 PM Adjourn**

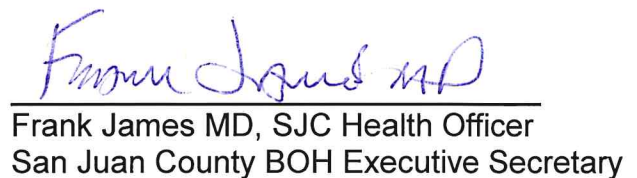
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168 The next regular meeting of the Board of Health is scheduled for April 17, 2019.

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170 Dr. Heisinger adjourned the meeting at 1:31 PM.

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180 **BOARD OF HEALTH**
181 **SAN JUAN COUNTY WASHINGTON**

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185 Dr. Dale Heisinger, Chair

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187 Frank James MD, SJC Health Officer
188 San Juan County BOH Executive Secretary

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191 Submitted by and Attested to:
192 Susan Kollet
193 SJC Council Staff Assistant

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195 Mark Tompkins, Director
196 Health & Community Services Department