

PEACE ISLAND EXPANDED BEHAVIORAL SERVICES 2020

Peace Island Medical Center (PIMC) has significantly expanded behavioral health services for all patients and the community. These services are provided through the PIMC Primary Care Clinic and the Emergency Department.

Key Features

- 1) PIMC is using the *Integrated Care Model* of behavioral health services integrated with primary care medicine so that all PIMC patients have access to behavioral health services through PIMC resources.
- 2) PIMC currently has three (3) clinical social workers (MSW/LICSW/ LSWICA providing behavioral health outpatient and emergency mental health care.
- 3) An Emergency Room RN is completing her clinically focused MSW within the next few months and will remain at PIMC as an Emergency Department nurse and clinical social work resource. The RN-MSW clinician will also provide select clinical social work outpatient services as a component of a clinical internship. The unique blend of an RN-MSW provides enhanced expertise for PIMC patients. The potential of the professional skill blend of nursing and social work provides a unique perspective in behavioral care for PIMC patients.
- 4) PIMC Behavioral services are available to county residents, temporary and seasonal residents, transient residents and tourist visitors.
- 5) PIMC Behavioral services are available 24 hours per day- 7 days per week – including holidays.
- 6) PIMC clinical behavioral services for all populations are available at the hospital, through voice or visual media;
- 7) PIMC psychiatric consultation services are available to PIMC patients through visual media (tele-psychiatry)
- 8) PIMC provides a full array of mental health and emergency clinical social work and behavioral health services to include:
 - a. Individual assessments/evaluations in the primary care and emergency departments;
 - b. Short and extended term psychotherapy, psychoeducation;
 - c. Couple and family therapy;

- d. Child and adolescent assessment and behavioral treatment services and referrals to off-island child psychiatry, clinical psychology, neuropsychology and specialized clinical social work services;
 - e. Substance abuse counseling (including Suboxone treatment)
 - f. Psychoeducation and psychotherapeutic groups (currently suspended);
 - g. Inpatient social work medical casework services with off-island nursing and rehabilitation facility identification and placement;
 - h. Immediate and near immediate psychiatric crisis evaluation and patient care coordination for off-island inpatient psychiatric placement and treatment;
 - i. Clinical consultation to designated community agencies, including schools, courts and off-island psychiatric hospitals;
 - j. Psychiatric consultation to PIMC primary care and emergency physicians and clinical social work staff;
 - k. Rapidly expanding teletherapy services for behavioral health and mental health issues countywide (all islands);
 - l. Care coordination and care monitoring of vulnerable medical, behavioral and psychiatric populations and patients in collaboration with San Juan County EMS.
 - m. Behavioral and psychiatric consultation and training to area and regional agencies on an array of mental health and psychiatric topics to include: psychological first aid; crisis response training; grief training and grief groups; relationship training; women's groups; geriatric social support and training; anxiety and depression resources and training – including groups; resilience resources and training and programs related to behavioral services for high-risk groups.
9. PIMC has a fully operational behavioral health protocol in response to the Covid-19 pandemic. This protocol includes tele-therapy as well as assessments, behavioral screening and follow-up. PIMC is providing support, resources and connection with high risk populations and any needed related behavioral services pertaining to behavioral symptoms of PIMC patients coordinated through PIMC Primary Care and Emergency Department physicians, nurses and staff;
10. PIMC Emergency Department and Behavioral and Psychiatric Services are now a component of all *involuntary* mental health evaluations and screenings of persons presenting in the Emergency Department referred by themselves or community agencies. PIMC services include initial evaluation of the patient and collaboration with the ED staff regarding patients presenting medical and psychiatric status and providing recommendations to PIMC Emergency Department physician and nursing; consultation with ED staff regarding voluntary/involuntary status determination (diagnostic indicators) and protocols (further services or placements); patient observation and symptom assessment; and review and advisement of attending medical staff regarding involuntary placement protocols and needs for patient referrals to other systems for care, care continuity, quality assurance and follow-up.